

How do I use Gengigel ?

GEL

Always follow the advice of your dental or healthcare professional. If you are using the products without taking advice:

- Gingivitis (bleeding gums): apply gel generously with clean finger or soft toothbrush 3 or 4 times daily. Repeat daily for up to four weeks.
- Mouth Ulcers: apply gently to ulcer using clean finger or cotton bud. Repeat as needed. If ulcer does not heal in 10 days consult a doctor or dentist.
- Mouth and Tongue Soreness: apply gently to sore area using clean finger or cotton bud. Repeat as needed. If soreness doesn't resolve within 10 days consult a doctor or dentist.

MOUTHRINSE

Adults and children over 12 years follow the advice of your dental or other healthcare professional. If you are using the product without taking advice:

- Bleeding Gums: rinse mouth with 10ml for 1-2 minutes, repeat 3 or 4 times daily. Use daily for up to four weeks. Can be used regularly to maintain healthy gums.
- Mouth Ulcers: rinse mouth with 10ml for 1-2 minutes, repeat at least 3 or 4 times daily. If ulcer does not heal in 10 days consult a dentist or doctor.
- Mouth, Tongue and Throat Soreness: rinse mouth with 10ml for 1-2 minutes, repeat at least 3 or 4 times daily. For throat soreness you can gargle before spitting out. If soreness doesn't resolve within 10 days consult a dentist or doctor.

Can I use both Gengigel products together?

It is entirely a matter of choice and convenience as to whether the rinse or gel is used and both may be used together.

Are there any side effects or are there any conditions it should not be used for?

Supervise use in younger children to ensure correct usage. If your condition persists, or worsens, consult your healthcare professional.

Gengigel has no side effects or contraindications so it is safe to use in pregnancy, with diabetes and is suitable for young children under suitable supervision. Can be used with prescribed medicines.

Where can I obtain Gengigel from?

It is available to purchase from dental practices, pharmacies and some retailers. The chart below indicates current stockists. Gengigel is also available on both NHS and private prescription. Ask your health care professional for details.

Stockists chart

Retailer	Rinse	Gel
Waitrose	○	—
Boots	○	●
Selected health food stores	○	●
Selected pharmacies	○	●
Selected dental practices	○	●

TePe Oral Hygiene Products Ltd is a leading provider of specialist oral care products to dental practitioners and their patients. The range includes products designed to help maintain healthy teeth and mouths. The mouth is the gateway to the body and keeping this healthy can make a major difference to overall health.

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Last updated 01/13

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GENGIGEL®

Hyaluronan 1.2M

PROMOTES NATURAL HEALING



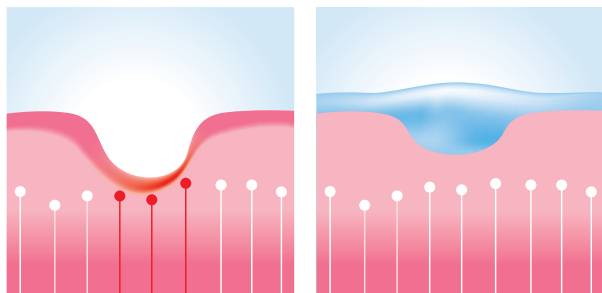
NATURALLY ACTIVE

What is Gengigel?

Gengigel (pronounced "jenji-jel") Mouthrinse and Gel are unique, patented and naturally-active products, suitable for most **common oral conditions** associated with soreness and inflammation.

Gengigel stops any **minor bleeding, soothes soreness** and the sharp pain of **ulcers**, and promotes healing.

Gengigel products are also great for alleviating the discomfort of a **dry and burning mouth**.



Mouth ulcer with exposed nerve endings, causing pain and discomfort

Gengigel, provides protection and enhances healing

Gengigel comes in a Gel and a Mouthrinse both of which contain the highest quality, high molecular weight Hyaluronan (which is also known as Hyaluronic acid). They are useful in helping to manage common oral problems and, when recommended by your dental professional, to help protect and heal after various dental procedures (such as tooth extraction or deep dental cleaning)

Gengigel's active ingredient, Hyaluronan, is not a drug or antiseptic and is non-stinging. It merely supplements Hyaluronan which is produced naturally in your body.

What is Hyaluronan?

Hyaluronan occurs naturally in your tissues and is in especially high concentration in your gums. It is an important component having a structural and regulatory role in the soft tissues. It is believed to be an essential component in the healing process where tissue may be diseased or damaged by injury or surgery. Our bodies normally produce all the Hyaluronan we need, but as we get older or if we are unwell, our bodies sometimes cannot keep up. Disease and damage can put extra pressure on the body's natural production of Hyaluronan.

What is Gengigel useful for?

The main uses are for soft tissues in the mouth including the tongue and palate.

- **GINGIVITIS** (inflamed and bleeding gums)
- **MOUTH ULCERS**
- **ORAL SORENESS**
- **SORE THROAT**
- **DRY AND BURNING MOUTH**

Your dental professional may also use Gengigel during some dental procedures, especially those where your gums may bleed or need help with healing. Gengigel may be given to you to take home, so that you can continue to enjoy the benefits after your dental visit.

What is gingivitis and how can Gengigel help?

In adults the main cause of tooth loss is from gum disease. This results from plaque accumulating on teeth causing damage to the tissue that surrounds and supports the teeth. Gums that are red and swollen or just bleed when you brush them are signs of gingivitis. This condition is completely reversible with a good oral hygiene routine involving twice daily brushing and daily interdental

cleaning. Your dentist or dental hygienist will be able to advise you about the most effective way to achieve a good standard of oral hygiene in your own mouth. Using Gengigel as part of your oral hygiene routine can help reduce the inflammation quickly and effectively.

What causes mouth ulcers and how can Gengigel help?

Mouth ulcers are really just wet scabs, the most common cause of which is trauma to the tissues. Mouth ulcers that occur regularly and in small crops are thought to be linked with stress and in some cases nutritional deficiency. Any ulcer that does not heal within 2 weeks should be checked by a dentist or doctor.

Gengigel has been shown to reduce the number and duration of recurrent mouth ulcers. Regular application of the gel soothes and promotes healing.

What causes soreness and how can Gengigel help?

Soreness in the mouth can be caused by trauma (e.g. hot foods, cheek and tongue bites), gum disease (gingivitis), dry mouth (xerostomia) and many whole-body systemic diseases. Gengigel helps reduce inflammation and stimulates the production of new healthy tissue. Several clinical studies have shown that Gengigel can accelerate the rate of tissue healing and reduce inflammation.

soothes,
heals,
protects



Gengigel is available as a mouthrinse, gel and a cost-effective trial pack